

Heart n Soul Age Policy Explained

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Why do we say that only people of certain ages can come to events?

1. To keep young people safe

It is important that young people have the chance to be themselves and spend time with other people of their own age in a place that is safe and away from adult behaviour.

Young people could be at risk or their safe space could be affected by things like drinking alcohol, smoking, talking about adult topics, using swear words or sexual behaviour - things that adults can choose to take part in.

It is not possible to say which adults may behave like this, so we have to have a rule that says people over the age of twenty-five cannot come to events for young people unless they are looking after a young person who is taking part.

2. So that everyone can enjoy things that we make for them

We put on events and make art for adults and for young people. What young people want to do and enjoy is different from what adults may like to do. It is important that people can do things that are right for their own age group. This is very important for people with learning disabilities, who can sometimes be treated like children, which we think is wrong. Our adult events are not the right thing for young people under the age of sixteen to come to; they should come to our events for young people instead.

If I am 10-25 years old, what can I do at Heart n Soul?

If you are 10-25 years old, please come to Do Your Own Thing, our creative arts project for young people which is run once a month on a Saturday afternoon and *The Squidz Club*.

If I'm over 25, what can I do at Heart n Soul?

If you are over 25, please come to Allsorts, our creative arts project for adults with learning disabilities that runs throughout most of the year. We also run *The Beautiful Octopus Club* once a year at the Southbank Centre.

For more information:

If you have any questions about our age policy, please contact us on 020 8694 1632 or email info@heartnsoul.co.uk

Visit our website for more information about all of our events:
www.heartnsoul.co.uk